

2018

BEHAVIORAL HEALTH LEARNING NETWORK COURSE CATALOG

MSBHLN | April 2018 - December 2018



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This publication was produced by the Mississippi Behavioral Health Learning Network (MSBHLN) with funding provided by the Mississippi Department of Mental Health Bureau of Alcohol and Drug Services (MSDMH BADS).



INTRODUCTION

About Mississippi Department of Mental Health Bureau of Alcohol and Drug Services

The Mississippi Department of Mental Health administers the public system of alcohol and drug use prevention and treatment services in Mississippi through the Bureau of Alcohol and Drug Services. These services are provided through a statewide network, which includes state-operated facilities, regional community mental health centers, and other nonprofit community-based programs.

The Bureau of Alcohol and Drug Services is responsible for establishing, maintaining, monitoring and evaluating a statewide system of alcohol and drug use services, including prevention, treatment and rehabilitation. The Bureau has designed a system of services for alcohol and drug use prevention and treatment reflecting its philosophy that alcohol and drug use is a treatable and preventable illness.

The goal of this system is to provide a continuum of community-based, accessible services. The Bureau is committed to quality care, cost-effective services, and the health and welfare of individuals through the reduction of alcohol and other drug use.

Who We Are

The Mississippi Behavioral Health Learning Network (MSBHLN) was established by the Mississippi Public Health Institute (MSPHI) in July 2017 in a partnership with the Mississippi Department of Mental Health Bureau of Alcohol and Drug Services (MSDMH BADS) to provide workforce development opportunities to behavioral health providers in Mississippi.

Mission

MSBHLN is dedicated to the progress of Mississippi's behavioral health workforce by providing evidence-based, relevant and effective training and professional development opportunities.

Our Training Program

The professional development offerings developed by the MSBHLN are designed to help professionals gain a better understanding of substance abuse prevention and substance use disorder treatment, assist with acquisition of current strategies and to provide participants with the knowledge, skills and attitudes to effectively and efficiently perform the responsibilities of their jobs.

INTRODUCTION

Our Team

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REGISTRATION INFORMATION

Online: Register online at www.msbhln.org

By Phone: We are happy to assist you with workshop-related questions via the telephone. However, we are unable to accept registrations over the phone.

By Fax: We suggest that registration forms not be faxed as they are easily lost during transmission.

You may register for as many workshops as you would like and as far in advance. Please mark your calendars once you register. Registrations are made on a first come, first serve basis. Space is limited, so please make sure to register early.

MSBHLN reserves the right to turn away walk-ins if space is limited. Registering guarantees that a space has been reserved for you. Only those who have registered in advance will be alerted to any changes or revisions in the training schedule including dates, times, and location. Programs and agencies funded by the Mississippi Department of Mental Health receive priority registration. If you are not a DMH-funded program or agency, and workshops are at capacity, you will be placed on a waiting list and contacted should space become available.

INTRODUCTION

CONFIDENTIALITY STATEMENT

MSPHI/MSBHLN strives to protect the confidentiality of participant information related to qualifying programs, including the identity of participants, and the information and materials submitted to the MSBHLN by the participants. MSBHLN does not disclose or give access to any confidential information to anyone outside of the program, staff and funding sources. MSPHI/MSBHLN does not sell participant information.

COMPLAINTS AND GRIEVANCES PROCESS

If a participant or potential participant would like to express a concern about his/her experience with MSPHI/MSBHLN, he/she may call or email Glenda Crump at 601-398-4406 or gcrump@msphi.org. Although we do not guarantee a particular outcome, the individual can expect us to consider the complaint, make any necessary decisions and respond within a reasonable amount of time.

ADA ACCOMODATIONS

The MSPHI facility is in compliance with Section 504 of the Rehabilitation Act of 1973, as amended, and the Americans with Disabilities Act (P.L. 101-336) pursuant to the Mississippi Department of Mental Health Operational Standards. Anyone needing special accommodations not already specified should contact MSPHI in advance. MSPHI will make every effort to provide the necessary assistance.

NONDISCRIMINATION POLICY

MSBHLN does not discriminate against any individual or group with respect to any service, program, or activity on the basis of gender, race, creed, national origin, sexual orientation, religion, age, organizational membership, or any other basis prohibited by law.

TRAINING LOCATION

Unless otherwise noted, all in-person trainings will be held at the Mississippi Behavioral Health Learning Network training facility located at the MSPHI building, 829 Wilson Drive, Suite C, Ridgeland, MS 39157.

PAYMENT

The MSBHLN is funded by the Mississippi Department of Mental Health Bureau of Alcohol and Drug Services. Therefore, there is no cost for programs, agencies and CMHCs certified by MDMH.

Others interested in attending MSBHLN training will be assessed a \$25.00 fee payable by cash or check to the Mississippi Public Health Institute.

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SPECIAL PROVISIONS

Military personnel and students, with proper I.D., are allowed to attend workshops at no cost.

For individuals who attend consecutive, same-day trainings, only one registration fee is required.

PARTICIPANT CANCELLATION POLICY

MSBHLN requests that anyone wishing to cancel their registration does so within 24 hours of the training start time.

INCLEMENT WEATHER POLICY

In the case of inclement weather, please contact MSBHLN to determine if classes are cancelled or delayed. MSBHLN staff will make every effort to contact registered participants immediately by email and then by phone should a workshop be delayed or cancelled.

WAIVER AND DISCLAIMER

In the event of a cancellation by MSPHI/MSBHLN due to inclement weather conditions, or other acts of God, MSPHI/MSBHLN shall not be held responsible for any and all expenses incurred by the participant or their employer.

MSPHI and MSBHLN shall not be responsible for any loss, accident, injury, delay, defect, omission or irregularity which may occur or be occasioned, whether by reason of any act, negligence or default of any company or person engaged in or responsible for carrying out any of the arrangements for attending a training, or otherwise in connection therewith.

CONFIRMATION

Participants will receive an **email confirmation**. Please keep the confirmation email for your records. Please review confirmation notices for any changes in time, date, or location.

HOW WE CONTACT YOU

Any schedule changes will be communicated via email. Additionally, updates, revisions and changes will be posted on the MSBHLN website at: www.msbhln.org.

We may send out announcements regarding new workshops, upcoming events, or continuing education credits.

We **MUST** have a correct email, phone number, and mailing address on file in case we need to reach you. We are not responsible for any errors or mistakes that bear a direct relationship to providing incorrect or incomplete information or providing an email that is not checked frequently.

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CONTACT MSBHLN

Toll Free: 1-877-740-9889
Phone: 601-398-4406
Fax: 769-524-4719
Web: www.msbhln.org

CONTINUING EDUCATION HOURS

The MSBHLN applies for the following continuing education hours:

CEU (Education) through Mississippi College (must attend a minimum of 5 hours) **on a per request basis*

CHES (Certified Health Education Specialist)

DMH- Addiction Therapist

DMH- Mental Health Therapist

DMH- Peer Support Specialist

DMH-Community Support Specialist

DMH- IDD Therapist

DMH - Licensed Administrator

LMFT (Licensed Marriage Family Therapist)

MAAP (Mississippi Association of Addiction Professionals)

NAADAC (National Association of Alcohol and Drug Abuse Counselors)

NBCC/LPC (National Board Certified Counselors)

Nursing (MS Nurses Foundation)

SW (Social Work)

Some trainings are not eligible for every listed discipline. To find out which continuing education hours are being offered, visit msbhln.org/events. Continuing education hours provided are listed under Course Descriptions on the website and are updated frequently.

Contact hours: Certificates indicating the number of contact hours earned are issued to any participant who indicates on the course evaluation the need for an attendance certificate.

We are unable to provide continuing education hours to anyone who arrives more than 15 minutes late or must leave early.

Maintenance of contact hour records, certificates, licensure/certification requirements etc., is the sole responsibility of the individual, not MSBHLN, MSPHI, nor the MS Department of Mental Health.

Questions regarding continuing education hours or requests for consideration of additional types of continuing education hours can be made by contacting Rachel Deer at rdeer@msphi.org.

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REGIONAL AND INDIVIDUALIZED WORKSHOPS

The MSBHLN offers individualized training by request and as resources allow. If there is a training course in which you are interested and need us to provide the training at your location, please contact us. Let us know what course you would like offered and we will work to secure a regional location. We can provide training at no cost to you at your location provided there is a minimum of five people in attendance and your agency or program receives funding through the Mississippi Department of Mental Health.

E-LEARNING OPPORTUNITIES

Litmos is a learning management system through which several courses are offered. This system offers self-paced learning, archiving of completion certificates, and learner interaction. Please view course offerings and registration link at <http://msbhln.litmos.com/online-courses>.

CALENDAR AT-A-GLANCE

APRIL 2018

- 12th What's What and Who's Who: Sexual Orientation and Gender Identity
10:00 a.m. – 1:00 p.m. MSPHI Training Facility
- 16th Basic Medication Assisted Treatment
1:00 a.m. – 4:00 p.m. Hinds Behavioral Health Services
- 19th Drug Trends in Mississippi
9:00 a.m. – 12:00 p.m. MSPHI Training Facility
- 23rd It's Not Childs' Play: Adverse Childhood Events and Attachment
8:30 a.m. – 4:00 p.m. MSPHI Training Facility
- 24th Introduction to Advocacy: Getting Your Ordinance Passed
10:00 a.m. – 3:00 p.m. MSPHI Training Facility

MAY 2018

- 1st Ethics in Prevention for Substance Abuse Prevention Practitioners
8:30 a.m. – 5:00 p.m. MSPHI Training Facility
- 7th From Drama to Empowerment: Using Karpman's Triangle as an Intervention for Substance Use Disorders and Other Mental Health Disorders
8:30 a.m. – 4:00 p.m. MSPHI Training Facility
- 9th Neurobiology and the Disease Model of Addiction
8:30 a.m. – 4:30 p.m. Mississippi State Hospital
- 10th Gangs: What You Should Know
9:00 a.m. – 2:00 p.m. MSPHI Training Facility
- 15th Getting and Keeping Volunteers
9:00 a.m. – 12:00 p.m. MSPHI Training Facility

CALENDAR AT-A-GLANCE

MAY 2018

- 16th Cultural and Linguistic Competency in Mental Health Care
9:00 a.m. - 12:00 p.m. MSPHI Training Facility
- 17th Youth Mental Health First Aid
8:00 a.m. - 5:30 p.m. MSPHI Training Facility
- 22nd Dealing With Stress in a Stressful Environment
(Self-Care and Compassion)
9:00 a.m. - 4:00 p.m. MSPHI Training Facility

JUNE 2018

- 5th Overview of Medicaid in Mississippi
9:30 a.m. - 11:00 a.m. Webinar
- 6/7th Data Driven Decision Making (2 day training)
9:00 a.m. - 4:00 a.m. MSPHI Training Facility
- 13th Engaging Youth (Classroom Management and Youth Presentations)
9:00 a.m. - 12:00 p.m. MSPHI Training Facility
- 14th Communication Skills
8:30 a.m. - 12:00 p.m. MSPHI Training Facility
- 14th Time Management Means Self-Management
1:30 p.m. - 4:30 p.m. MSPHI Training Facility

CALENDAR AT-A-GLANCE

JULY 2018

- 10th Disease Model of Addiction
8:30 a.m. – 12:00 p.m. MSPHI Training Facility and Webinar
- 11th Tobacco Merchant Education
9:00 a.m. – 12:00 p.m. MSPHI Training Facility
- 12th Prevention 101
9:00 a.m. – 4:00 p.m. MSPHI Training Facility
- 17th Mental Health First Aid for Public Safety
8:00 a.m. – 5:30 p.m. MSPHI Training Facility
- 17th Adverse Childhood Events, Attachment, and Cognitive Processing Theory
8:30 a.m. – 4:00 p.m. 1st United Methodist Church, Long Beach, MS
- 18th Adverse Childhood Events, Attachment, and Cognitive Processing Theory
8:30 a.m. – 4:00 p.m. 1st United Methodist Church, Long Beach, MS
- 25/26th Understanding and Using Environmental Strategies
9:00 a.m. – 4:30 p.m. MSPHI Training Facility
- 27th Youth Mental Health First Aid
8:00 a.m. – 5:30 p.m. MSPHI Training Facility
- 31st Evaluation: The Essentials
10:00 a.m. – 12:00 p.m. MSPHI Training Facility

CALENDAR AT-A-GLANCE

AUGUST 2018

- 2nd Managing Disruptive Audiences
10:00 a.m. – 3:00 p.m. MSPHI Training Facility
- 9th Prevention Ethics
9:00 a.m. – 4:00 p.m. Region 1 CMHC Sunflower Landing, Tutwiler, MS
- 17th HIV/AIDS
7:30 a.m. – 5:00 p.m. UMMC Conference Center, Jackson Medical Mall
- 20th The Mississippi Prescription Drug Abuse Crisis, 2018 Update
9:00 a.m. – 11:00 p.m. MSPHI Training Facility
- 22nd Microsoft Outlook
8:30 a.m. – 12:00 p.m. MSPHI Training Facility
- 23rd Microsoft Excel
8:30 a.m. – 12:00 p.m. MSPHI Training Facility

SEPTEMBER 2018

- 4th To Thine Own Self: Authenticity and Recovery
9:00 a.m. – 4:00 p.m. MSPHI Training Facility
- 13th Now We Can't Treat Just One: Meeting the Challenge of
Co-Occurring Disorders
9:00 a.m. – 12:00 p.m. MSPHI Training Facility
- 18-21st SAPST (4 day training)
9:00 a.m. – 5:00 p.m. MSPHI Training Facility
- 24th Practicing Recovery Coaching Skills (Self-Care)
9:00 a.m. – 4:00 p.m. MSPHI Training Facility

CALENDAR AT-A-GLANCE

OCTOBER 2018

- 1st Building Faith-Based Partnerships
1:00 a.m. – 4:00 p.m. MSPHI Training Facility
- 16th Analysis of Current Drug Policies
10:00 a.m. – 12:00 p.m. MSPHI Training Facility
- 23rd Adolescent Brain Development and Substance Use Disorders
9:00 a.m. – 4:00 p.m. MSPHI Training Facility
- 29th Applications of Cognitive Behavioral Therapy
9:00 a.m. – 12:00 p.m. MSPHI Training Facility
- 29th Dialectical Behavioral Therapy
1:00 p.m. – 4:00 p.m. MSPHI Training Facility

NOVEMBER 2018

- 1st Using Cognitive Behavioral Therapy (CBT) and Solution Focused Techniques in Counseling
9:00 a.m. – 4:00 p.m. MSPHI Training Facility
- 5th Mental Health First Aid for Adults
8:00 a.m. – 5:30 p.m. MSPHI Training Facility
- 12/13th The Mandt System® Workshop: Preventing Workforce and Relational Violence
8:00 a.m. – 5:00 p.m. MSPHI Training Facility
- 28th Prevention Ethics
9:00 a.m. – 4:00 p.m. Location TBD

DECEMBER 2018

- 3rd The Two Tales of Marijuana: Medicine or Menace?
8:00 a.m. – 12:00 p.m. MSPHI Training Facility
- 3rd Tips for Preparing to Take the Prevention Certification Exam
1:00 p.m. – 4:00 p.m. MSPHI Training Facility

COURSE DESCRIPTIONS

What's What and Who's Who: Sexual Orientation and Gender Identity

Lesbian, gay, bisexual, and transgender people face stigma and related health disparities in physical and mental healthcare. In spite of the advancements in LGBT acceptance and policy, many LGBT people remain largely invisible to their primary care providers. In order to address these disparities, new requirements included in the 2016 Uniform Data System require health centers to collect and report sexual orientation (SO) and gender identity (GI). Collecting SO/GI data of new and returning primary care patients is critical for health centers to provide a welcoming, inclusive environment. Routine SO/GI data collection in the EHR can be used to improve care and measure and track health outcomes at the individual and population levels. Systems that support collection of SO/GI data support improved quality of care, timely clinical information, and improved communication among patients and care teams.

Learning Objectives

After attending the course, a participant will be able to:

- Define sexual orientation and gender identity and the terms associated with each
- Explain why collecting SOGI information is important for care and services
- Recognize new federal data requirements
- Illustrate methods for obtaining SOGI information

Presenter: Mauda Monger, MPH

When: Thursday, April 12, 2018 from 10:00 a.m. – 1:00 p.m.

Where: Mississippi Public Health Institute

COURSE DESCRIPTIONS

Basic Medication Assisted Treatment

Addiction and Opioid Use Disorder (OUD) are chronic medical conditions. The increase in mortality due to the misuse of prescription medications and heroin has caused the field to re-examine the use of medication to treat OUD. It is also causing addiction professionals to reexamine how they define recovery and how they define successful outcomes. This session explores the specifics of OUD and discusses all the various medications currently available for its treatment.

Learning Objectives

After attending the course, a participant will be able to:

- Discuss the neurobiology of opioid use disorder (OUD) and treatment
- Recognize the various medications used to treat OUD
- Describe the use of Naloxone and the concept of harm reduction in the context of OUD
- Describe the specifics of working with women who have opioid use disorder and are pregnant
- Examine personal biases regarding the use of medication in addiction treatment

Presenter: Melissa W. Holland, MD, MA, FACOG, CAADC

When: Monday, April 16, 2018 from 1:00 p.m. – 4:00 p.m.

Where: Hinds Behavioral Health Services

Drug Trends in Mississippi

With the ever increasing number of new drugs, natural and synthetic, used by today's drug culture, behavioral health professionals are faced with the challenge of keeping up with these emerging drug trends and new substances of abuse. During this presentation, Captain Jimmie Nichols, Mississippi Bureau of Narcotics, will discuss what risky behaviors and substances are being seen on the street and in our communities.

COURSE DESCRIPTIONS

Learning Objectives

After attending the course, a participant will be able to:

- Recognize the various drugs we see trending today
- Explain the dangers and hazards of these drugs
- Discuss the implications and course of action needed to be taken to combat these trends

Presenter: Captain Jimmie Nichols, Mississippi Bureau of Narcotics

When: Thursday, April 19, 2018 from 9:00 a.m. - 12:00 p.m.

Where: Mississippi Public Health Institute

It's Not Childs' Play: Adverse Childhood Events and Attachment

Research demonstrates that exposure to multiple types of traumatic experiences in childhood and adolescence can interfere with adjustment and the development of self-regulatory capacities. As a mental health professional, one should be able to take a trans-diagnostic approach to assessment, case formulation, treatment planning and monitoring rather than attempting to diagnose and treat an overwhelming array of symptoms and co-morbid disorders. Although the bio-psychosocial problems facing clients with a history of ACEs, poly-victimization, or cumulative exposure to traumatic stressors—and the corresponding challenges facing clinicians—are undeniably complex and daunting, taking a complex trauma framework derived from those three lines of research can paradoxically provide a degree of simplicity to assessment and treatment that is the result of an integrative understanding of the importance of focusing on addressing stress reactivity and self-regulation. The presenter, Caroline Smith, is known for her dynamic yet simplistic presentation of this fascinating topic.

COURSE DESCRIPTIONS

Learning Objectives

After attending the course, a participant will be able to:

- Describe the neurological, psychological, and social impact of early childhood experiences on the development of attachment patterns
- Analyze three basic attachment styles based on early attachment experiences and clarify how these specific patterns impact relationships, intimacy and mental health
- Illustrate five effective clinical strategies that support the journey from insecure attachment to earned secure attachment status

Presenter: Caroline Smith, MA, LPC, CSAT, CMAT, CIP, CCMI, EMDR 1 & 2

When: Monday, April 23, 2018 from 8:30 a.m. - 4:00 p.m.

Where: Mississippi Public Health Institute

Introduction to Advocacy: Getting Your Ordinance Passed

When communities look at developing and passing local ordinances, they are using an effective prevention strategy that focuses on reducing the availability of harmful substances to youth. Strategies limiting access to these products whether it alcohol, tobacco or other harmful products are some of the most powerful and well documented approaches to reducing associated problems. In this training, participants will examine how to determine the need for an ordinance, interpret laws and regulations, and the approach to take on getting ordinances passed.

Learning Objectives

After attending the course, a participant will be able to:

- Identify the need for an ordinance
- Examine the process for getting an ordinance passed
- Generate local, community and support from lawmakers
- Evaluate approaches used from real-life examples

COURSE DESCRIPTIONS

Presenter: Kimberly Hart

When: Tuesday, April 24, 2018 from 10:00 a.m. – 3:00 p.m.

Where: Mississippi Public Health Institute

Ethics in Prevention Training for Substance Abuse Prevention Practitioners

The Ethics in Prevention in-person training provides participants with knowledge and skills regarding ethical responsibilities and practices, and familiarizes them with the six principles of the Prevention Code of Ethics. Through interactive activities and discussions, participants will explore the role of ethics in their work and apply a four-step decision-making model for assessing, addressing, and evaluating a range of ethical issues.

Learning Objectives

After attending the course, a participant will be able to:

- Demonstrate knowledge and skills regarding ethical responsibilities and practice
- Identify the six principles of the Prevention Code of Ethics
- Explore the role of ethics in their work through interactive activities and discussion
- Apply a four-step decision-making model for assessing, addressing, and evaluating a range of ethical issues

Presenters: Kathy Asper, CPS, CAPT Associate and Niranjani Radhakrishnan, MPH, MCRP

When: Tuesday, May 1, 2018 from 8:30 a.m. - 5:00 p.m.

Where: Mississippi Public Health Institute

COURSE DESCRIPTIONS

From Drama to Empowerment: Using Karpman's Triangle as an Intervention for Substance Use Disorders and Other Mental Health Disorders

The Karpman Triangle is a familiar relationship dynamic that most clinicians see their clients engage in. The three roles – victim/martyr, perpetrator/offender and rescuer/enabler – are extremely common in those affected by chemical and behavioral addictions. By educating on these roles and then providing direction on the importance of being accountable, looking for options and learning to negotiate, clinicians will have another set of tools to use to help their clients decrease conflicts in their relationships.

This training event will provide clinicians with new insights into the Karpman Triangle and practical applications to use with their clients. Effective ways to conceptualize the Karpman Triangle and identify ego states within this dynamic will be showcased. Clear strategies will be provided to help clients move off of the triangle, skill build and develop boundaries through an experiential process. These strategies can be used with most clients.

Learning Objectives

After attending the course, a participant will be able to:

- Explore the developing child model
- Recognize the difference between healthy and toxic shame
- Describe the roles of victim, offender and rescuer
- Demonstrate Karpman Triangle in action
- Describe talking and listening boundaries
- Apply model to your population of clients

Presenter: Sheila Thomas, MS, LMFT, CSAT

When: Monday, May 7, 2018 from 8:30 a.m. – 4:00 p.m.

Where: Mississippi Public Health Institute

COURSE DESCRIPTIONS

Neurobiology and the Disease Model of Addiction

A number of dramatic breakthroughs in the neurobiology of addiction have occurred in the past 40 years. Two domains will be highlighted: the neurocircuitry of addiction and the molecular biology of addiction targets. The neurobiological substrates for the reinforcing effects of drugs of abuse have been largely identified both at the initial site of action and in the circuitry involved.

For the clinician (mental health practitioner or substance abuse counselors) the course will focus on a discussion of how and why a disease model of substance use disorders matters to the mental health and addictions counseling professions; and why the concepts of neuroplasticity matter as revolutionary when considering both historical and contemporary approaches to understanding and treating the clients we serve in our careers.

Learning Objectives

After attending the course, a participant will be able to:

- Discuss the neurobiology of addiction and the roles genetics and environmental factors play in substance use disorders
- Increase knowledge and understanding of the latest science involving the brain and mind
- Summarize healthy brain functioning including the neurological subsystems involved
- Describe the principles of neuroplasticity that supports active engagement and positive client gains in counseling

Presenter: Melissa W. Holland, MD, MA, FACOG, CAADC

When: Wednesday, May 9, 2018 from 8:30 a.m. - 4:00 p.m.

Where: Mississippi State Hospital

COURSE DESCRIPTIONS

Gangs: What You Should Know

This session will help to identify signs of gang involvement, some of the issues presented to communities by the impact of gang presence and explain the risk and protective factor theory to aid in prevention efforts. Gang-related activities continue today and impact society in ways most folk might tend to overlook such as social media and other media outlets. Experience this training if you are interested in positively impacting your community and the lives of those influenced by gangs.

Learning Objectives

After attending the course, a participant will be able to:

- Recognize and identify basic street gang activity
- Identify latest gang related trends
- Discuss risks and protective factors as they relate to gang involvement

Presenter: Marc Fomby, CPS

When: Thursday, May 10, 2018 from 9:00 a.m. – 2:00 p.m.

Where: Mississippi Public Health Institute

Getting and Keeping Volunteers

Many behavioral health and public health organizations and agencies use volunteers to help assist with carrying out various tasks from running organizations, day-to-day tasks, fundraising and more. There are many benefits of using volunteers that include an increased ability to serve clients and respond to the needs of the community, increased services, diverse skill sets and expanded community support. The big question is how do we recruit volunteers and get them to stay?

During this workshop, participants will be given various options for recruiting volunteers, including an online volunteer recruitment tool. Instructions will be given on how to recruit the best volunteers for the job, including: writing brief volunteer job descriptions and writing appealing volunteer recruitment

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messages for getting the best results. Instruction and tools will also be given to enable participants to create volunteer experiences that are meaningful and well-organized, ensuring a better outcome for keeping valuable volunteers.

Learning Objectives

After attending the course, a participant will be able to:

- Recruit the best volunteers for the job
- Construct brief volunteer job descriptions
- Develop appealing volunteer recruitment messages
- Create meaningful volunteer experiences

Presenter: Krista Estes, B.S.

When: Tuesday, May 15, 2018 from 9:00 a.m. - 12:00 p.m.

Where: Mississippi Public Health Institute

Cultural and Linguistic Competency in Mental Health Care

This presentation will provide a brief overview of cultural competency. There will be two modules—Language and Communications and Connecting Across Cultures. The Language and Communications Module will entail a discussion and interactive exercises about legal requirements and the Connecting Across Cultures module will provide a discussion and interactive exercises on the need for culturally responsive services, strategies for communicating across cultures, and provide an overview of the National CLAS Standards and examples of implementation.

Learning Objectives

After attending the course, a participant will be able to:

- Discuss the legal requirements and national standards for language access

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- Discuss the need for culturally responsive services
- Identify strategies for communication across cultures

Presenter: Tanya T. Funchess, DHA, MPH, MSM

When: Wednesday, May 16, 2018 from 9:00 a.m. - 12:00 p.m.

Where: Mississippi Public Health Institute

Youth Mental Health First Aid

Youth Mental Health First Aid is an 8-hour training course designed to give members of the public key skills to help an adolescent who is developing a mental health problem or experiencing a mental health crisis. The 8-hour course covers a range of common disorders and potential crises such as helping a young person who is having a panic attack, is contemplating suicide or is struggling with substance abuse.

Learning Objectives

After attending the course, a participant will be able to:

- Recognize the potential risk factors and warning signs of a variety of mental health challenges common among adolescents, including: depression, anxiety, psychosis, eating disorders, ADHD, disruptive behavioral disorders, and substance use disorders
- Use a 5-step action plan to help a young person in crisis connect with appropriate professional help
- Interpret the prevalence of various mental health disorders in youth within the U.S. and the need for reduced negative attitudes in their communities
- Apply knowledge of the appropriate professional, peer, social, and self-help resources available to help a young person with a mental health problem treat and manage the problem and achieve recovery
- Assess their own views and feelings about youth mental health problems and disorders

Presenters: Glenda Crump, MS, CPM and Misty Bell, EdS, MA, CRC, CMHT

When: Thursday, May 17, 2018 from 8:00 a.m. - 5:30 p.m.

Where: Mississippi Public Health Institute

COURSE DESCRIPTIONS

Dealing With Stress in a Stressful Environment (Self-Care and Compassion)

Is your job making you sick? Do you experience anxiety upon arrival to the office? Are you overwhelmed with client needs and wish you had more hours in a day to complete work-related duties? If by chance you answered yes to any of these questions, this workshop will increase awareness around the importance of self-care. As helping professionals, we dedicate our lives to serving others, and frequently neglect ourselves unintentionally. This neglect can turn into clinical burnout and cause a multitude of ambivalent feelings ranging from frustration, hopelessness, anger, resentment, confusion, and a lack of motivation. Self-care is highly recommended but often not implemented effectively, which contributes to clinical burn out and secondary trauma in many cases.

Learning Objectives

After attending the course, a participant will be able to:

- Identify stress and how it transfers to work
- Describe solution to stress
- Practice the solutions to make a lasting impression

Presenter: Carver Brown

When: Tuesday, May 22, 2018 from 9:00 a.m. – 4:00 p.m.

Where: Mississippi Public Health Institute

COURSE DESCRIPTIONS

Overview of Medicaid in Mississippi Webinar

You will want to join this webinar as Mark Leiker, Director of the Office of Mental Health for the Mississippi Division of Medicaid, provides an overview of Medicaid in the state of Mississippi. This will be a great opportunity as participants will be able to submit their questions before the webinar.

Learning Objectives

After attending the course, a participant will be able to:

- Describe an overview of Medicaid in Mississippi
- Discuss SUD services covered by Medicaid
- Describe provider enrollment and reimbursement

Presenter: Mark Leiker, Director of the Office of Mental Health for Mississippi Division of Medicaid

When: Tuesday, June 5, 2018 from 9:30 a.m. - 11:00 a.m.

Where: Webinar (Link provided upon registration)

Data-Driven Decision Making

Identifying and prioritizing data to guide our decisions in substance abuse prevention can be difficult. We know that it's important to use data to address prevention problems in our communities, but sometimes it's hard to know where to begin! How do you use data to prioritize the problem? How can data guide us to target populations and identifying risk and protective factors? This interactive, two day training will focus on interpreting and analyzing local data, using local data to inform planning and prioritization of risk and protective factors, identifying interventions that address risk and protective factors. Come prepared to learn new information, practice with hands on relevant examples, and walk away with concrete ideas and resources you can bring back to apply to your work.

COURSE DESCRIPTIONS

Learning Objectives

After attending the course, a participant will be able to:

- Identify, interpret and analyze local data sources
- Use local data to inform planning and prioritization of risk and protective factors
- Identify interventions that address risk and protective factors
- Apply essential elements of SPF step 3, including the development of data driven plans

Presenter(s): Center for the Application of Prevention Technologies (CAPT)

When: Wednesday, June 6, 2018 &
Thursday, June 7, 2018 from 9:00 a.m. – 4:00 p.m.

Where: Mississippi Public Health Institute

Engaging Youth (Classroom Management and Youth Presentations)

De'Marco believes education is not limited to what is required to pass a standardized test or exam, but it's maximizing our opportunity as influencers to prepare our students for every aspect of life. This presentation gives teachers, counselors, coaches, prevention professionals, and others who work with today's youth new ways to connect, interact, and yes, even learn from their students. Get the most out of your classroom with this easy 3 step formula De'Marco has put together to help you command the attention of your young people. Allow yourself to step out of your comfort zone and be an example to the very lives you wish would step outside of theirs. With a little creativity, dedication, and strategic use of technology we can start to change the atmosphere of your classroom, office, locker room, or youth program with DeMarco's number one philosophy he shares with students everywhere. Your Passion is YOUR POWER! By combining this 3 step formula with your personal passions, you will not only challenge yourself and your students, but discover new depths and experiences in and outside of your classrooms.

COURSE DESCRIPTIONS

Learning Objectives

After attending the course, a participant will be able to:

- Recognize some of the challenges with working with youth and how to overcome them
- Demonstrate methods for engaging youth and getting their attention in various settings
- Apply a 3 step formula for working with youth that will help you have impact on their lives
- Practice methods for managing classrooms and getting youth involved in their learning

Presenter: De'Marco Fomby

When: Wednesday, June 13, 2018 from 9:00 a.m. – 12:00 p.m.

Where: Mississippi Public Health Institute

Communication Skills

Effective communication skills are as asset in the workplace. Improving your communication skills can help you build better relationships professionally and personally, help you get ahead and become a model for others. This engaging workshop helps participants understand the essential elements of communication and analyzes the effectiveness of his/her current style. Practical suggestions for making communication work on a daily basis are explored in case studies. Barriers to communication are discussed and strategies to deal with difficult people practiced.

Learning Objectives

After attending the course, a participant will be able to:

- Assess their own communication skills
- Explain emotional intelligence and how it impacts communication skills
- Define communication
- Examine the communication model
- Identify barriers to communication
- Practice effective communication skills

COURSE DESCRIPTIONS

Presenter: Glenda Crump, MS, CPM

When: Thursday, June 14, 2018 from 8:30 a.m. – 12:00 p.m.

Where: Mississippi Public Health Institute

Time Management Means Self-Management

We all have 24 hours in each day. Even if we were given more hours in our day, some of us would still need more. It's more about how we manage ourselves than our time. This interactive workshop offers suggestions for personal organization, planning and prioritizing, eliminating time wasters, handling interruptions and crisis management. Solutions for avoiding procrastination and enhanced use of discretionary time are key elements.

Learning Objectives

After attending the course, a participant will be able to:

- Identify the main obstacles to effective self-management
- Assess a range of tools, techniques and concepts for time management
- Apply techniques to build an effective process that will enhance productivity and minimize stress

Presenter: Glenda Crump, MS, CPM

When: Thursday, June 14, 2018 from 1:30 p.m. – 4:30 p.m.

Where: Mississippi Public Health Institute

COURSE DESCRIPTIONS

Disease Model of Addiction

The purpose of the training is to increase the participants' knowledge and understanding of the latest science involving the brain and mind, including special attention to the latest research in neuroplasticity of the brain and how the brain works in daily life. For the clinician (mental health practitioner or substance abuse counselors) the course will focus on a discussion of how and why a disease model of substance use disorders matters to the mental health and addictions counseling professions; and why the concepts of neuroplasticity matter as revolutionary when considering both historical and contemporary approaches to understanding and treating the clients we serve in our careers.

Learning Objectives

After attending the course, a participant will be able to:

- Discuss the latest science involving the brain and mind
- Describe healthy brain functioning including the neurological subsystems involved
- Illustrate the principles of neuroplasticity that supports active engagement and positive client gains in counseling

Presenter: Bernard Matherne, Jr., BBA, ICADCI, ACRPS

When: Tuesday, July 10, 2018 from 8:30 a.m. – 12:00 p.m.

Where: Mississippi Public Health Institute and Webinar (Link will be provided upon registration)

Tobacco Merchant Education

Merchant education is a strategy to increase awareness and knowledge of store employees, store managers and store owners about the importance of preventing tobacco product sales to anyone under the age of 18. In this workshop, participants will receive a packet of information on current state law requirements regarding minors and tobacco, employee/employer training resources, and general information in seeking assistance to ensure compliance with the state law.

COURSE DESCRIPTIONS

Learning Objectives

After attending the course, a participant will be able to:

- Explain tobacco laws and the Synar Amendment
- Identify documents to share with merchants to verify their compliance with the law
- Demonstrate merchant education training techniques

Presenter: Glenda Crump, MS, CPM

When: Wednesday, July 11, 2018 from 9:00 a.m. – 12:00 p.m.

Where: Mississippi Public Health Institute

Prevention 101

New to prevention or feel a little lost out there? Then this is the ideal workshop for you! Everything you need to know about prevention basics and how to implement effective prevention programs is right here in this workshop. We will answer your questions about why prevention is important, the history of prevention, and different approaches used to plan and implement prevention programs. Once you leave this workshop, you will be able to decipher the “alphabet soup” of prevention and be familiar with proven prevention principles and strategies, including a brief overview of risk and protective factors, NIDA’s principles, environmental strategies and the Strategic Prevention Framework (SPF). Bring your own tips and your “tricks of the trade” as we share what works and what doesn’t when it comes to effective prevention programming.

Learning Objectives

After attending the course, a participant will be able to:

- Define role of personal passion in prevention work
- Identify risk and protective factors
- Identify/apply prevention classification classifications to different scenarios
- Identify components of the Strategic Prevention Framework
- Assess personal prevention toolbox
- Implement effective prevention programs

COURSE DESCRIPTIONS

Presenter: Rachel Deer, MS, CPM

When: Thursday, July 12, 2018 from 9:00 a.m. - 4:00 p.m.

Where: Mississippi Public Health Institute

Mental Health First Aid for Public Safety

Mental Health First Aid for Public Safety is an eight-hour course specially designed for police officers, first responders, corrections officers and other public safety professionals, helping them better understand mental illnesses and addictions and providing them with effective response options to deescalate incidents without compromising safety. Approximately 10,000 public safety professionals have taken the original Mental Health First Aid course.

Learning Objectives

After attending the course, a participant will be able to:

- Recognize the symptoms of common mental illnesses and substance use disorders
- Practice de-escalating crisis situations safely
- Demonstrate timely referral to mental health and substance abuse resources available in the community

Presenters: Chan Willis and Jarice Veal

When: Tuesday, July 17, 2018 from 8:00 a.m. - 5:30 p.m.

Where: Mississippi Public Health Institute

COURSE DESCRIPTIONS

Adverse Childhood Events, Attachment, and Cognitive Processing Theory

Research demonstrates that exposure to multiple types of traumatic experiences in childhood and adolescence can interfere with adjustment and the development of self-regulatory capacities. As a mental health professional, one should be able to take a trans-diagnostic approach to assessment, case formulation, treatment planning and monitoring rather than attempting to diagnose and treat an overwhelming array of symptoms and co-morbid disorders. Although the bio-psychosocial problems facing clients with a history of ACEs, poly-victimization, or cumulative exposure to traumatic stressors—and the corresponding challenges facing clinicians—are undeniably complex and daunting, taking a complex trauma framework derived from those three lines of research can paradoxically provide a degree of simplicity to assessment and treatment that is the result of an integrative understanding of the importance of focusing on addressing stress reactivity and self-regulation.

Cognitive processing therapy (CPT) is a specific type of cognitive behavioral therapy that has been effective in reducing symptoms of PTSD that have developed after experiencing a variety of traumatic events including child abuse, combat, rape and natural disasters.

Learning Objectives

After attending the course, a participant will be able to:

- Describe the neurological, psychological, and social impact of early childhood experiences on the development of attachment patterns
- Analyze three basic attachment styles based on early attachment experiences and clarify how these specific patterns impact relationships, intimacy and mental health
- Illustrate five effective clinical strategies that support the journey from insecure attachment to earned secure attachment status
- Assist patients to increase their understanding of unhelpful thinking patterns and learn new, healthier ways of thinking
- Support patients' exploration of how each of 5 core themes have been affected by their traumatic experiences

COURSE DESCRIPTIONS

Presenters: Caroline Smith, MA, LPC, CSAT, CMAT, CIP, CCM, EMDR I & II
Melissa Holland, MA, MD, FACOG, CAADC

When: Session 1: Tuesday, July 17, 2018 from 8:30 a.m. – 4:00 p.m.
Session 2: Wednesday, July 18, 2018 from 8:30 a.m. – 4:00 p.m.

(The same curriculum will be offered each day. Therefore, participant should choose either session 1 or session 2)

Where: First United Methodist Church
208 Pine Street
Long Beach, Mississippi 39560

Understanding and Using Environmental Strategies

We know that it's important to use environmental strategies to address prevention problems in our communities, but sometimes it's hard to know where to begin! How do you know which ones will be the best fit? How do you make a selection? Once you've chosen one, how do you know it's working the way you intended? How can you ensure that you keep strategies that are leading to positive outcomes, and reconsider those that are not? This interactive, two day training will focus on identifying, selecting, implementing and evaluating environmental strategies. Come prepared to learn new information, practice with hands on relevant examples, and walk away with concrete ideas and resources you can bring back to apply to your work.

Learning Objectives

After attending the course, a participant will be able to:

- Define “environmental strategies”
- Identify the relationship between risk and protective factors, and strategy selection
- Use a process to determine “best fit” for selecting strategies
- Describe essential elements of implementation, including monitoring for fidelity and measuring process outcomes
- Identify methods of evaluation for environmental strategies

COURSE DESCRIPTIONS

Presenters: Ben Stevenson, MA, CPP and Clare Jones, CCPS

When: Wednesday, July 25 and Thursday, July 26, 2018
from 9:00 a.m. – 4:30 p.m.

Where: Mississippi Public Health Institute

Youth Mental Health First Aid

Youth Mental Health First Aid is an eight-hour training course designed to give members of the public key skills to help an adolescent who is developing a mental health problem or experiencing a mental health crisis. The eight-hour course covers a range of common disorders and potential crises such as helping a young person who is having a panic attack, is contemplating suicide or is struggling with substance abuse.

Learning Objectives

After attending the course, a participant will be able to:

- Recognize the potential risk factors and warning signs of a variety of mental health challenges common among adolescents, including: depression, anxiety, psychosis, eating disorders, ADHD, disruptive behavioral disorders, and substance use disorders
- Use a 5-step action plan to help a young person in crisis connect with appropriate professional help
- Interpret the prevalence of various mental health disorders in youth within the U.S. and the need for reduced negative attitudes in their communities
- Apply knowledge of the appropriate professional, peer, social, and self-help resources available to help a young person with a mental health problem treat and manage the problem and achieve recovery
- Assess their own views and feelings about youth mental health problems and disorders

Presenters: Glenda Crump, MS, CPM and Misty Bell, EdS, MA, CRC, CMHT

When: Friday, July 27, 2018 from 8:00 a.m. – 5:30 p.m.

Where: Mississippi Public Health Institute

COURSE DESCRIPTIONS

Evaluation: The Essentials

Dr. John Bartowski has nearly 20 years of evaluation experience and has evaluated over \$40 million in federal and foundation funded projects. He is the author of four books and over sixty research articles, many of which address health and health disparities. This presentation will define evaluation and discuss its significance for evidence-based programming. Process outcomes evaluations will be contrasted. The role of evaluation in the Strategic Prevention Framework will also be addressed.

Learning Objectives

After attending the course, a participant will be able to:

- Define evaluation based on the American Evaluation Association criteria
- Discuss the contours and objectives of process and outcomes evaluations
- Discuss the Strategic Prevention Framework and critical contributions of evaluation to strategic prevention

Presenter: John Bartowski, Ph.D

When: Tuesday, July 31, 2018 from 10:00 a.m. – 12:00 p.m.

Where: Mississippi Public Health Institute

Managing Disruptive Audiences

Participants of this training will be able to recognize the types of disruptive audience members and implement methods for intervening while preserving the disruptive audience member's dignity. Participants will explore how disruptions affect learning and have negative effects on programs through interactive role play and models. During this workshop, we explore what makes for the "perfect" facilitator and the impact the facilitator has on the workshop and participants, setting group norms and expectations, learning styles, behaviors that "bug" you, the perfect (and not-so perfect) participant, the different types of participants, how to handle difficult participants and situations, and how to engage all learners. This workshop will equip you with the skills to manage those who attend their programs, groups, or sessions.

COURSE DESCRIPTIONS

Learning Objectives

After attending the course, a participant will be able to:

- Create effective boundaries and ground rules for use in groups, within agencies and programs
- Recognize the different learning styles and how they affect client behavior, engagement and behaviors
- Identify the characteristics of an effective group leader/trainer and staff member
- Distinguish how to deal with specific problem behaviors

Presenter: Rachel Deer, MS, CPM

When: Thursday August 2, 2018 from 10:00 a.m. - 3:00 p.m.

Where: Mississippi Public Health Institute

Prevention Ethics

The Ethics in Prevention in-person training provides participants with knowledge and skills regarding ethical responsibilities and practices, and familiarizes them with the six principles of the Prevention Code of Ethics. Through interactive activities and discussions, participants will explore the role of ethics in their work and apply a four-step decision-making model for assessing, addressing, and evaluating a range of ethical issues.

Learning Objectives

After attending the course, a participant will be able to:

- Demonstrate knowledge and skills regarding ethical responsibilities and practice
- Identify the six principles of the Prevention Code of Ethics
- Explore the role of ethics in their work through interactive activities and discussion
- Apply a four-step decision-making model for assessing, addressing, and evaluating a range of ethical issues

COURSE DESCRIPTIONS

Presenter: Rachel Deer, MS, CPM

When: Thursday, August 9, 2018 from 9:00 a.m. – 4:00 p.m.

Where: Region 1 CMHC Sunflower Landing, Tutwiler MS

HIV/AIDS

The Mississippi AIDS Education Training Center provides comprehensive training for clinicians on HIV/AIDS treatment and practices throughout Mississippi. The Center is comprised of HIV experts from the University of Mississippi Medical Center. Additionally, the team is comprised of experts in cultural competency. This training will provide the opportunity to increase one's knowledge, skills, and confidence to deliver high-quality care.

Learning Objectives

After attending the course, a participant will be able to:

- Assess and interpret culturally specific client behaviors and lifestyles
- Demonstrate respect for cultural and lifestyle diversity in the therapeutic process
- Adapt therapeutic strategies to client needs
- Describe the health and behavior problems related to SUD, including transmission and prevention of HIV/AIDS
- Discuss how HIV can effect treatment for SUD
- Discover community health and allied health resources available to those with HIV/AIDS

Presenter(s): Mauda Monger, MPH and others

When: Friday, August 17, 2018 from 7:30 a.m. – 5:00 p.m.

Where: UMMC Conference Center, Jackson Medical Mall
350 W. Woodrow Wilson Drive
Jackson, MS 39213

COURSE DESCRIPTIONS

The Mississippi Drug Abuse Crisis: 2018 Update

Every day, more than 115 Americans die after overdosing on opioids. The misuse of and addiction to opioids—including prescription pain relievers, heroin, and synthetic opioids such as fentanyl—is a serious national crisis that affects public health as well as social and economic welfare. The Centers for Disease Control and Prevention estimates that the total economic burden of prescription opioid misuse alone in the United States exceeds \$78.5 billion a year, including the costs of healthcare, lost productivity, addiction treatment, and criminal justice involvement.

Mississippi has taken drastic steps to address this crisis in our state. Join Dr. Scott Hambleton as he presents the 2018 update. Dr. Hambleton has extensive clinical experience and serves on the Governor's Opioid Task Force.

Learning Objectives

After attending the course, a participant will be able to:

- Identify the factors which have contributed to prescription drug abuse in America
- Summarize recommendations for appropriate prescribing of opioids
- Analyze proposed changes to Mississippi rules and regulations on prescribing controlled substances

Presenter: Scott Hambleton, MD, DFASAM

When: Monday, August 20, 2018 from 9:00 a.m. - 11:00 a.m.

Where: Mississippi Public Health Institute

COURSE DESCRIPTIONS

Microsoft Outlook

Participants will learn to use Outlook to a fuller extent. Come explore how Outlook can be your very own personal digital information manager and tap into some of the most underutilized features of Outlook. Learn how to auto-organize your inbox and track your tasks. This course prepares the learner to manage email communications and use Outlook tools such as the calendar, tasks, journal and contacts. Please bring your own laptop with Microsoft Outlook installed.

Learning Objectives

After attending the course, a participant will be able to:

- Utilize the clipboard—an underutilized feature
- Overlay calendars and share your calendar with others
- Create, delegate, and manage tasks
- Vote and poll in Outlook
- Manage contacts and create distribution (group) lists
- Customize Outlook including the background, font size, in the viewer's screen
- Utilize the Outlook digital journal to record and track projects

Presenter: Chaka Turner

When: Wednesday, August 22, 2018 from 8:30 a.m. – 12:00 p.m.

Where: Mississippi Public Health Institute

Microsoft Excel

Become efficient in Excel by exploring new techniques, adopting new concepts, and expanding your shortcuts. Invest a small amount of time in this class to yield a large return in your efforts! In this course, you will learn to use Excel to increase your efficiency and expand your software tools. Please bring your own laptop with Microsoft Excel installed.

COURSE DESCRIPTIONS

Learning Objectives

After attending the course, a participant will be able to:

- Explore and navigate the Excel environment
- Select, edit, copy, and paste data
- Create and execute basic formulas
- Manage share, and protect workbooks
- Create and edit basic charts

Presenter: Chaka Turner

When: Thursday, August 23, 2018 from 8:30 a.m. – 12:00 p.m.

Where: Mississippi Public Health Institute

To Thine Own Self: Authenticity and Recovery

While truth can be variable and changing, as is the universe we inhabit, authenticity is a principle that goes beyond truth to the core of each one of us. We can be authentic from within ourselves by knowing who we are and what we will and will not stand for. Our authentic nature will then come from the stance we take in our personal lives. Do we know ourselves?

When an individual begins treatment for a substance use disorder or other mental health concern, he/she has often lost their sense of identity. Come be a part of this process of discovery as Jeff leads us to the intersection of psychology and philosophy. From there, you will learn how to lead your clients on the journey of discovering who he or she truly is and how this impacts one's relationship with trauma. Along this journey, there is hope beyond the pain. The presenter, Jeff Jackson, will masterfully weave the creative art of songwriting into this unforgettable event.

COURSE DESCRIPTIONS

Learning Objectives

After attending the course, a participant will be able to:

- Describe the existential layers of what it means to be human
- Discuss the relationship of how trauma effects the development of philosophical core beliefs
- Use the creative arts to help overcome emotional roadblocks

Presenter: Jeff Jackson, MA

When: Tuesday, September 4, 2018 from 9:00 a.m. – 4:00 p.m.

Where: Mississippi Public Health Institute

Now We Can't Treat Just One: Meeting the Challenge of Co-Occurring Disorders

The U.S. Substance Abuse and Mental Health Services Administration estimates that 8.9 million Americans have co-occurring disorders. Simultaneous treatment for both the mental health illness(es) and addiction lowers costs and results in better outcomes including reduced substance abuse, improvement in psychiatric symptoms and functioning, decreased hospitalizations, fewer arrests, increased housing stability and improved quality of life.

The relationship between mental illness and substance abuse is complex and, consequently, it is also complicated to treat. Dr. Deborah Gross has over 35 years of clinical experience treating those with substance use disorders and other mental disorders. Join her as she masterfully weaves the journey of treatment for those suffering with co-occurring disorders.

Learning Objectives

After attending the course, a participant will be able to:

- List the most common psychiatric disorders that co-occur with addictive disorders

COURSE DESCRIPTIONS

- Describe the importance of treating co-occurring psychiatric disorders in patients with addictive disorders
- Discuss SAMHSA's "overarching principles" for the care of patients with co-occurring disorders
- Recognize and manage common diagnostic dilemmas in specific co-occurring disorders
- Recognize and manage common treatment dilemmas in specific co-occurring disorders

Presenter: Dr. Deborah Gross

When: Thursday, September 13, 2018 from 9:00 a.m. – 12:00 p.m.

Where: Mississippi Public Health Institute

Substance Abuse Prevention Skills Training (SAPST)

The Substance Abuse Prevention Skills Training (SAPST) is the foundational course of study in substance abuse prevention, grounded in current research and SAMHSA's Strategic Prevention Framework., it prepares practitioners to implement effective, data-driven prevention programs and practices that reduce behavioral health disparities and improve wellness.

The SAPST is for practitioners new to the substance abuse prevention field and/or working in related discipline. This innovative training blends a four-day, in-person component with an interactive online unit.

There are two parts to the Substance Abuse Prevention Skills Training (SAPST): a required online course, entitled *Introduction to Substance Abuse Prevention: Understanding the Basics*, which must be completed before attending the four-day face-to-face training.

What does the SAPST cover?

Introduction to Substance Abuse Prevention: Understanding the Basics (online), including an overview of basic terminology and facts, history of substance use and prevention in the U.S., addiction and the brain, and the effects and health risks of alcohol, tobacco, and other drugs.

COURSE DESCRIPTIONS

Setting the Foundation: From Theory to Practice (in-person), including an exploration of behavioral health, the Institute of Medicine's Continuum of Care, the public health approach to prevention, risk and protective factors, and the developmental perspective

Application: SAMHSA's Strategic Prevention Framework (in-person), including presentations on assessment, capacity, planning, implementation, and evaluation, cultural competence, and sustainability

Learning Objectives

After attending the course, a participant will be able to:

- Address substance abuse prevention in the context of behavioral health
- Improve practice by developing a comprehensive approach to prevention
- Reduce behavioral health disparities by identifying the needs of vulnerable populations and improving cultural competency
- Sustain prevention by collaborating effectively across sectors to address shared risk factors and improve the health and well-being of communities in a comprehensive way

Presenters: Rachel Deer, MS, CPM and Glenda Crump, MS, CPM

When: Tuesday, September 18 - Friday, September 21, 2018 from 9:00 a.m. - 5:00 p.m.

Where: Mississippi Public Health Institute

Practicing Recovery Coaching Skills (Self-Care)

Recovery is, in part, the process of developing a narrative or story through which one can understand and accept the past, embrace the present, and develop a roadmap to an envisioned future. Practicing recovery coaching skills allows one to develop good listening skills which can take in the big picture while identifying the important details that will require follow up. Through the principles of recovery coaching, clients are held accountable, improve their performance, become educated on drug and alcohol addictions, and enhance their quality of life. The presenter, Carver

COURSE DESCRIPTIONS

Brown, will guide the participants as they learn to set the parameters of the conversation, listen and contribute observations and questions, provide a road map for success and assist clients as they strive to achieve their desired goals.

Learning Objectives

After attending the course, a participant will be able to:

- Describe recovery coaching techniques and spectrum of attitudes
- Develop skills to enhance relationships
- Apply the principles of recovery coaching to better understand the stages of recovery, stages of change, and power/privilege

Presenter: Carver Brown

When: Monday, September 24, 2018 from 9:00 a.m. – 4:00 p.m.

Where: Mississippi Public Health Institute

Building Faith-Based Partnerships

Recovering from behavioral health conditions requires faith that individuals can overcome incredible odds. Recovery from life's challenges can also be helped by having faith in something greater than ourselves. In fact, research shows that spirituality, one of the eight dimensions of wellness, helps improve our mental and physical health and can offer a path to important social support.

That is one reason why faith-based communities play a key role in prevention, referral to treatment, fostering resilience, and supporting recovery in our communities. People often seek support from within their faith community when an individual or family faces a behavioral health challenge or when a community experiences a traumatic event. This means that faith leaders are often first responders, and knowing how to respond to these situations can make a huge difference in how the individual, family, and community copes and heals.

COURSE DESCRIPTIONS

Learning Objectives

After attending the course, a participant will be able to:

- Discuss what it means to partner with a faith-based organization
- Learn how to have difficult conversations with your local church or faith-based community
- Discuss the spiritual implication of substance use disorders and other mental health challenges

Presenter: Preston Crowe, Ph.D.

When: Monday, October 1, 2018 from 1:00 p.m. - 4:00 p.m.

Where: Mississippi Public Health Institute

Analysis of Current Drug Policies

As Mississippi continues to address the opioid crisis effecting our state, legislators have been called upon to support these efforts by passing and updating drug policies. Representative Joel Bomgar has played an active role and serves on the Drug Policy House Committee. Joel will provide an update of 2018 and discuss potential bill submissions for the 2019 legislative session.

Take advantage of this opportunity to engage with our policy-makers and have your questions answered related to advocacy and lobbying. Joel is native to Mississippi and shares your desire to strengthen the behavioral health system in our state.

Learning Objectives

After attending the course, a participant will be able to:

- Discuss current drug policies in Mississippi
- Describe recent policy changes to combat the opioid crisis in Mississippi
- Analyze state trends related to drug policies

Presenter: Joel Bomgar

When: Tuesday, October 16, 2018 from 10:00 a.m. - 12:00 p.m.

Where: Mississippi Public Health Institute

COURSE DESCRIPTIONS

Adolescent Brain Development and Substance Use Disorders

The Adolescent Brain and Substance Use Disorders covers the developmental vulnerability of adolescents and the unique brain development and biology of adolescents. Shane applies this information to the difficulties adolescents experience with emotions, motivation, and stress.

Scientists have learned that it takes a brain about 25 years to fully develop. One can consider the teen brain is not yet able to perform at optimal adult levels. A huge burst of development happens during adolescence, and that burst can explain a lot of unpredictable – and sometimes risky – teen behavior.

The development of the adolescent brain and behavior are closely linked. The prefrontal cortex, which could be called the ‘voice of reason’ in the teen brain, isn’t as influential as those parts that place a higher emphasis on emotion, excitement and short-term reward. Unfortunately, developing brains are generally more prone to damage. This means that experimentation with drugs and alcohol can have lasting, harmful effects on a teen’s health.

Learning Objectives

After attending the course, a participant will be able to:

- Discuss basic biological and brain-related changes that occur during adolescence and how these changes influence adolescent thinking and behavior
- Describe cognitive changes that occur during adolescence and how adolescents’ thinking increases their likelihood of risk-taking and engaging in unsafe behavior
- Discuss how adolescents develop identity and other key social developmental milestones of adolescence
- Apply key factors that promote healthy youth development and how to implement these features in working with teens

Presenter: Shane Garrard

When: Tuesday, October 23, 2018 from 9:00 a.m. – 4:00 p.m.

Where: Mississippi Public Health Institute

COURSE DESCRIPTIONS

Application of Cognitive Behavioral Therapy (Co-Occurring Emphasis)

Cognitive Behavioral Therapy (CBT) is a general classification of psychotherapy, based on social learning theory, which emphasizes how our thinking interacts with how we feel and what we do. It's based on the premise that when a person experiences depression, anxiety, or anger that these stressors can be exacerbated, or maintained, by exaggerated or dysfunctional patterns of thought and that these patterns can be modified by reducing erroneous and maladaptive beliefs. A counselor using CBT helps a client to recognize their style of thinking and to modify it through the use of evidence and logic. Come join Dr. Malkin as she presents the evidence-based practice of CBT.

Learning Objectives

After attending the course, a participant will be able to:

- Describe an overview of Cognitive Behavioral Therapy (CBT) principles
- Discuss case conceptualization and treatment planning utilizing a CBT approach
- Identify and discuss modifications to CBT treatment based on co-morbid/co-occurring diagnoses

Presenter: Mallory Laine Malkin, Ph.D.

When: Monday, October 29, 2018 from 9:00 a.m. - 12:00 p.m.

Where: Mississippi Public Health Institute

Dialectical Behavioral Therapy

This program focuses on an introduction to Dialectical Behavior Therapy (DBT). Research support for DBT will be introduced as well as the theoretical foundations of DBT. This program will focus on an introduction to DBT skills training including mindfulness, emotion regulation, interpersonal effectiveness, and distress tolerance. The goals of this program are to provide attendees with an overview of DBT, an introduction to DBT skills training, and some helpful

COURSE DESCRIPTIONS

guidelines for continued utilization of DBT in practice. A didactic approach, along with experiential exercises, case examples and discussion will be utilized to convey the relevant information.

Learning Objectives

After attending the course, a participant will be able to:

- Identify the population for which DBT has the most evidence for effective treatment
- Recognize fundamental DBT terminology
- Identify the four skills training modules of DBT practice
- Describe basic DBT skills training exercises and use in clinical practice

Presenter: Lacey Herrington, Ph.D.

When: Monday, October 29, 2018 from 1:00 p.m. – 4:00 p.m.

Where: Mississippi Public Health Institute

Using Cognitive Behavioral Therapy and Solution Focused Techniques in Counseling

Both well-established therapy techniques, Solution Focused Therapy and Cognitive Behavioral Therapy share certain basic similarities. Broadly speaking, both forms of therapy focus on helping the client identify and cultivate solutions while decreasing the emphasis on negative aspects of the client's life. By combining aspects of both therapies, a powerful tool is created to help clients achieve their goals.

A form of talk therapy, Solution Focused Therapy emphasizes the importance of the present and the future as opposed to dwelling on problems of the past. This basic emphasis encourages clients to focus on creating and achieving new life goals. When the client achieves a healthy direction to pursue, the therapist supports the client in new pursuits. For instance, the therapist may offer practical guidance in developing more supportive social networks. Important life changes that can be achieved through effective Solution Focused Therapy include higher self-confidence and stronger relationships.

COURSE DESCRIPTIONS

Learning Objectives

After attending the course, a participant will be able to:

- Identify how to direct a client to what he/she wants to achieve in therapy
- Describe the use of functional analysis and skills training to assist a client in changing behavior
- Apply the miracle question in therapy to help a client make realistic goals and meet objectives

Presenter: Pamela Lockett, MCC, LPC, CTTS

When: Thursday, November 1, 2018 from 9:00 a.m. – 4:00 p.m.

Where: Mississippi Public Health Institute

Mental Health First Aid for Adults

Mental Health First Aid for Adults is an eight-hour course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. The training helps you identify, understand, and respond to signs of mental illnesses and substance use disorders.

Learning Objectives

After attending the course, a participant will be able to:

- Recognize the symptoms of common mental illnesses and substance use disorders
- Demonstrate how to de-escalate crisis situations safely
- Demonstrate timely referral to mental health and substance abuse resources available in the community

Presenters: Chan Willis and Jarice Veal

When: Monday, November 5, 2018 from 8:00 a.m. – 5:30 p.m.

Where: Mississippi Public Health Institute

COURSE DESCRIPTIONS

The Mandt System®: Preventing Workforce and Relational Violence

The Mandt System® is a comprehensive, integrated approach to preventing, de-escalating, and if necessary, intervening when the behavior of an individual poses a threat of harm to themselves and/or others. The focus of The Mandt System® is on building healthy relationships between all the stakeholders in human service settings in order to facilitate the development of an organizational culture that provides the emotional, psychological, and physical safety needed in order to teach new behaviors to replace the behaviors that are labeled challenging.

The relational, conceptual and technical levels of training are designed to help those interacting on a daily basis with people who may become confused, disruptive, uncooperative, and aggressive. These three levels provide the necessary interpersonal non-physical and physical skills needed for use in most situations. We emphasize the use of a gradually progressive system of alternatives that involves the least restrictive means of interpersonal and physical interaction. The interpersonal skills from the relational level training are reviewed, practiced and used throughout the conceptual and technical learning.

Learning Objectives

After attending the course, a participant will be able to:

- Build healthier relationship through communication and conflict resolution
- Work more effectively with people who have experienced trauma
- Support people, not just their behaviors
- Describe foundational legal and liability issues regarding support
- Demonstrate body mechanics, stances and physical supports to assist people
- Demonstrate physical techniques to separate people
- Demonstrate a safe approach to physical restraint

Presenter: Melissa W. Holland, MA, MD, FACOG, CAADC

When: Monday-Tuesday, November 12 & 13, 2018 from 8:00 a.m. – 5:00 p.m.

Where: Mississippi Public Health Institute

COURSE DESCRIPTIONS

Prevention Ethics

The Ethics in Prevention in-person training provides participants with knowledge and skills regarding ethical responsibilities and practices, and familiarizes them with the six principles of the Prevention Code of Ethics. Through interactive activities and discussions, participants will explore the role of ethics in their work and apply a four-step decision-making model for assessing, addressing, and evaluating a range of ethical issues.

Learning Objectives

After attending the course, a participant will be able to:

- Demonstrate knowledge and skills regarding ethical responsibilities and practice
- Identify the six principles of the Prevention Code of Ethics
- Explore the role of ethics in their work through interactive activities and discussion
- Apply a four-step decision-making model for assessing, addressing, and evaluating a range of ethical issues

Presenter: Rachel Deer, MS, CPM

When: Wednesday, November 28, 2018 from 9:00 a.m. – 4:00 p.m.

Where: TBD

The Two Tales of Marijuana: Medicine or Menace?

With the legalization of marijuana for medical and recreational purposes in some states and a majority of US citizens advocating for the legal right to use marijuana, the use of marijuana will increase and impact the human brain in many ways. The human brain can experience multiple complications with regular use of cannabis and the long term effects of these complications are unknown. Our understanding of marijuana's long-term brain effects is limited. Research findings on how chronic cannabis use affects adolescent brain structure, for example, have been inconsistent. It may be that the effects are too subtle for reliable detection by current techniques. A similar challenge arises in studies of the effects of chronic marijuana use on adolescent brain function. Although imaging studies (functional MRI; fMRI) in chronic users do show some consistent alterations, the relation of these changes to cognitive functioning is

COURSE DESCRIPTIONS

less clear. This uncertainty may stem from confounding factors such as other drug use, residual drug effects (which can occur for at least 24 hours in chronic users), or withdrawal symptoms in long-term chronic users. This presentation is designed to help clear up some of the inconsistencies by taking a look at the latest neurobiology and pharmacology of marijuana and its impact on the adolescent brain.

Learning Objectives

After attending the course, a participant will be able to:

- Evaluate medical cannabinoid products and their addiction potential
- Contrast the various legalization processes of medical cannabinoids in the US
- Formulate various treatment options for marijuana use disorders
- Discuss updated prescribing models for medical cannabinoids in medical practice

Presenter: Merrill Norton, Pharm.D., D.Ph., ICCDP-D

When: Monday, December 3, 2018 from 8:00 a.m. – 12:00 p.m.

Where: Mississippi Public Health Institute

Tips for Preparing to Take the Prevention Certification Exam

The success of prevention programs relies on a competent, well-trained, ethical and professional workforce of Prevention Specialists. Credentialed prevention staff ensure that programs and their funders are delivering on their mission of ensuring public safety and well-being. A thorough understanding of prevention and the latest evidence-based practices for treatment is the hallmark of a qualified professional.

The Prevention Specialist credential requires professionals to demonstrate competency through experience, education, supervision, and the passing of a rigorous examination. If you are working on earning your prevention certification, this training presents ways to efficiently and effectively prepare your application and study for the exam.

Learning Objectives

After attending the course, a participant will be able to:

- Complete the application and portfolio for prevention certification through MAAP
- Review potential exam content through review of study guides and resources
- Practice for the Prevention Certification Exam by completing a practice examination

Presenter: Rachel Deer, MS, CPM

When: Monday, December 3, 2018 from 1:00 p.m. - 4:00 p.m.

Where: Mississippi Public Health Institute

OUR PRESENTERS

Kathy Asper, CPS, CAPT Associate

Kathy has more than 30 years of experience working to prevent substance misuse, including experience moderating the CAPT's Ethics in Prevention online course, face-to-face training, and virtual training-of- trainers. Kathy also manages prevention and outreach at Arbor Place, Inc., where she provides technical assistance to a county-wide coalition, facilitates local prevention efforts, and directs two federal grants. Kathy has served as a peer reviewer for the Drug Free Community grants and the National Registry of Evidence-based Programs and Practices.

John P. Bartowski, Ph.D

John P. Bartowski (Ph.D., University of Texas at Austin, 1997), is Professor of Sociology at the University of Texas at San Antonio (UTSA), where he has served on the faculty since 2008. Previously he was Professor of Sociology at Mississippi State University (1997-2008). Much of his research examines the intersection between religion, family, gender, youth development, and civil society. He has published widely on the contours of men's religious identities, the gendered character of religious institutions, and the influence of parental religiosity on family functioning and child development. He is the author of *The Promise Keepers: Servants, Soldiers, and Godly Men* (Rutgers University Press, 2004) and *Remaking the Godly Marriage: Gender Negotiation in Evangelical Families* (Rutgers University Press, 2001). He has also conducted research on faith-based

initiatives, including *Charitable Choices: Religion, Race, and Poverty in the Post-Welfare Era* (New York University Press, 2003). He is currently completing two monographs, including *Faith and Lucre: How Religion and Public Funding Influence Welfare Service Provision* (Oxford University Press, forthcoming). His work has appeared in *Social Forces*, *Social Science Research*, *Journal of Marriage and Family*, *Criminology*, *The Sociological Quarterly*, *American Journal of Preventive Medicine*, and leading journals in the social scientific study of religion. He is Associate Editor of *Journal for the Scientific Study of Religion* and has been Deputy Editor of *Sociology of Religion*. He has served as President of the Religious Research Association and has held leadership positions in various scholarly organizations. He has served as an evaluator on federal and foundation grants (e.g., U.S. Department of Education, Center for Substance Abuse Prevention, Compassion Capital Fund, and Lilly Endowment) designed to enhance the performance of community-based organizations and the delivery of services to disadvantaged populations.

Misty C. M. Bell, MA, CMHC, CRC

Misty has over 14 years of mental health counseling experience. She is a Certified Mental Health Counselor and a Certified Rehabilitation Counselor. She has a Bachelor of Science degree and a Master of Arts degree in Rehabilitation Counseling from Northern Illinois University. She also has an Education Specialist degree in Counseling from Mississippi College. Over the years, Misty

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has worked with a variety of special populations: juvenile delinquent, elderly, early intervention, developmentally disabled, deaf and hard of hearing, blind and visually impaired, and co-occurring disorders (MH and SUD). For the past 3 1/2 years, she has served in the capacity of Program Administration with the MS. Department of Mental Health where she manages specialty programs such as the Advanced Drug and Alcohol Program for Teens (ADAPT), Co-Occurring Disorders Training programs, women substance abuse services, and youth substance abuse services (which oversees the certified Adolescent-Intensive Outpatient Programs). She is a certified Mental Health First Aid Trainer for youth and a certified Trauma Informed Response Trainer for the Criminal Justice System. Prior to this, Misty worked as a Youth Counselor for approximately 2 years at Oakley Youth Developmental Center (Oakley Training School) in Raymond, MS. Most of Misty's clinical practice background was experienced in her home town: Chicago, Illinois, where she is a Licensed Clinical Professional Counselor (LCPC).

Representative Joel Bomgar

Joel graduated Summa Cum Laude with a Bachelor of Science in business administration from Belhaven University in 2003, also receiving the Trustee's Award in his graduating class. Having worked his way through college as a systems engineer at systems integrator Business Communication, Inc., Joel used his experience supporting remote users to develop the technology that would

later become the Bomgar Box™.

In 2003, Joel founded Bomgar Corporation, a software company located in Madison County, Mississippi, to take the Bomgar™ technology to market. Since the company's inception, Joel has been responsible for leading Bomgar Corporation in its acquisition of over 10,000 customers in all 50 states and more than 65 countries internationally, including numerous global deployments and enterprise customers listed on the Fortune 1000, Fortune 500, and Global 2000.

For his record of creating jobs and contributing to the economic success of the State of Mississippi, Joel was recognized in a Commendation issued by the Mississippi House of Representatives and a Proclamation by the Mississippi State Senate. Most recently, Joel was presented with the Visionary Leadership Award by the Madison County Economic Development Authority and Madison County Business League for his contributions to the community and the local area economy.

In August of 2015, Joel Bomgar was elected to serve in the Mississippi House of Representatives from District 58 in Madison County representing the cities of Madison and Ridgeland. Joel serves on the following House Committees: Medicaid (Vice-Chair), Corrections, Drug Policy, Education, Judiciary B, Municipalities, Public Property, Technology, Youth and Family Affairs.

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Carver Brown

Carver Brown is a certified Recovery Coach and Trainer with the Connecticut Community of Addiction Recovery (CCAR) and is a Structured Family Recovery Counselor. He is also a Grief Recovery Specialist certified with the Grief Recovery Institute. Carver volunteers on a task force for the Episcopal Recovery Program and the Mississippi Department of Corrections. Along with being a Love First Interventionist, Carver is the Alumni Coordinator at Pine Grove in Hattiesburg, MS. He has taken over 7000 people through The 12 Steps nationwide through a program called Back to Basics.

Preston Crowe, Ph.D.

Preston Crowe received his Ph.D. in Counseling Psychology from Southwestern Seminary in Fort Worth. He has served on church staffs both as a counselor and as a pastor and has also taught counseling and psychology courses in various colleges. He currently serves as the Counseling Pastor and Director of The Center for Hope and Healing at Broadmoor Baptist Church in Madison, Mississippi. There, he leads a team of professional and pastoral counselors who see clients with a wide variety of needs. Dr. Crowe was a Licensed Professional Counselor in Texas before moving to Mississippi. He is now a Board Certified Christian Counselor, and a Board Certified Pastoral Counselor. Dr. Crowe has implemented recovery programs for addiction, divorce, grief, trauma, and mental illness in multiple church settings and has a deep desire

for the church to be actively involved in addressing these issues, which are so common to our communities.

Glenda Crump, MS, CPM

Glenda is Chief Administrative Officer for the Mississippi Public Health Institute (MSPHI). In this role, she coaches staff, helps improve internal controls and works with the CEO and Board of Directors to set strategic directions for the organization. She has over 29 years of experience in nonprofit management. She worked in the youth substance abuse prevention field for 23 years and for 10 years served as CEO of DREAM, Inc., Mississippi's largest and oldest youth substance abuse prevention organization. She has extensive experience in project management, partnership development, event coordination, board development, training, public speaking, curriculum development, coaching and supervision. She received a Master's of Science degree in Communications from Mississippi College; a Bachelor of Arts degree in English/Journalism from Tougaloo College; and is a Certified Prevention Manager.

Rachel Anderson Deer, MS, CPM

Rachel worked at Holmes Community College Workforce Development prior to joining MSPHI. Her experience and passion for substance abuse prevention began in 2005 at DREAM of Hattiesburg, and later from working as Prevention Services Director at DREAM, Inc. (2005-2014), where she managed DREAM's prevention services under the Mississippi Department of Mental Health, Bureau of Alcohol and Drug Services' Substance

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Abuse Prevention (SAPT) Block Grant. These services included Red Ribbon Week coordination, delivering a variety of substance abuse prevention workshops and editor of the DATELINE newsletter. Rachel has also taught classes on interpersonal and personal communication and professional development as an adjunct instructor through the University of Southern Mississippi.

Rachel is a member of the Jackson Professional Women's Association, Mississippi Association for Addiction Professionals, and Mississippi Chapter of the Association for Talent Development. She earned a Bachelor of Arts in Social Sciences and a Master's in Family and Consumer Sciences from the University of Southern Mississippi and is currently working on obtaining personal trainer certification. She was awarded Prevention Professional of the Year by the Mississippi Association of Addiction Professionals in 2008 and the Herbert L. Loving Outstanding Service Award in 2014 from the Mississippi Department of Mental Health Bureau of Alcohol and Drug Services.

Krista Estes

Krista has more than 30 years' experience in nonprofit and volunteer administration, including 16 years as the Chief Operating Officer of HandsOn Jacksonville, one of the nation's largest volunteer centers with an annual budget in excess of \$1K. She has presented local, regional and national workshops on volunteer programming, nonprofit management and leadership.

She joined Volunteer Mississippi in April 2010 to resource and develop community volunteer centers throughout the state. Volunteer Centers mobilize and engage citizens in meaningful volunteer work and help to build capacity in nonprofit organizations.

In addition, Krista produces the annual Governor's Initiative for Volunteer Excellence (GIVE) Awards, which honors some of the state's most outstanding volunteers. This awards program is produced through Volunteer Mississippi, in partnership with the Governor's office. Each year, Honorary Chair, First Lady Deborah Bryant, joins Volunteer Mississippi to welcome and recognize award recipients at a special luncheon at the Mississippi Museum of Art.

Krista and her husband, Michael, made Mississippi their home in 2009. Together, they have 4 sons and 2 grandchildren.

DeMarco Fomby

DeMarco is a nationally renowned youth motivational speaker from Jackson, MS. With a background in ATOD (alcohol, tobacco, and other drugs) prevention, youth highway safety, bullying, leadership development and mentoring, DeMarco has spent his entire professional career dealing with issues most relevant to today's youth. He embraces the philosophy of "edutainment" and uses his passion for music, sports, art, and pop culture to relate and convey messages to his youth audiences, and professionals who work with youth.

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Marc Fomby, CPS

Marc is a Certified Prevention Specialist and the founding CEO of FTC Prevention Services, LLC in Pearl, MS. Marc is a member of the Recovery School District of New Orleans, a national initiative committed to breaking the cycle of violence and providing support assistance to youth. He is a member of the Metro Jackson Community Prevention Coalition, dedicated to youth life skills and peer education training. Marc is also a consultant and advisor to the executive director of the National C.A.R.E.S. Movement, Susan Taylor. He is also the conference coordinator of the Mississippi School for Addiction Professionals, the first statewide educational hub for prevention, intervention and treatment specialists in the state of Mississippi as well as the conference coordinator for the annual statewide Juvenile Justice Symposium. He received his Bachelor's degree in business management from Belhaven University.

For over twenty years, Mr. Fomby has enthusiastically provided instruction and consulting services, community and strategic planning and program development to individuals, agencies, schools, colleges/universities, institutions, private, public, governmental and faith-based organizations throughout the United States and the Virgin Islands. Marc has developed curriculum and programs for high-risk youth and families as well as instructional guidelines for behavioral health education and prevention. Marc is well known and certified as a Gang Consultant as well as

a Juvenile Suicide Awareness Trainer for OJJDP/NTTAC. He has also conducted Cultural Sensitivity Training in numerous states including the Alabama Police Chiefs Conference and the Alabama Office of the Attorney General.

Mr. Fomby received his prevention certification via the Alabama Alcohol and Drug Abuse Association (AADAA) by completion of the exam given by the International Certification and Reciprocity Consortium (IC&RC), the international organization that certifies professionals working in the field of addictions, including prevention. He has been an Office of Juvenile Justice and Delinquency Prevention (OJJDP) National Training & Technical Assistance Center (NTTAC) certified consultant since 2007. He is also a nationally certified School Resource Officer Practitioner.

Tanya Funchess, DHA, MPH, MSM

Tanya Funchess joined the Mississippi State Department of Health 12 years ago as the Director of the Tobacco School Nurse Program. She served as Division Director for the CDC Core Tobacco Grant for five years, and was instrumental in forming the Mississippi Tobacco Control Network. For the last two years, she has worked as the Bureau Director for the Office of Tobacco Control.

Prior to joining to MSDH, Dr. Funchess worked as the Director of the Individual Assistance Program with the Mississippi Emergency Management Agency and has over 10 years of management experience in the private sector.

Dr. Funchess holds a Master's in Public Health from the University of Southern

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Mississippi, a Master's in Management from Belhaven College, and a Doctorate Degree in Health Administration from the University of Phoenix.

Shane Garrard, MS, CADC II, LMSW, CCS

Shane is the Director of Alcohol and Drug Services for Region One Mental Health. He oversees all clinical operations for Sunflower Landing, an adolescent long term alcohol and drug treatment; Fairland Center, a residential treatment center for adults including expectant mothers and men and women who wish to have their children with them; Recovery Support Services throughout the region; and Prevention Services throughout the region. Shane has experience in substance abuse counseling with both adolescents and adults and has over seventeen years of experience. Shane received his BSW from Delta State University and his MSW from MVSU. He is a Licensed Master Social Worker and is certified through the Mississippi Association of Addictions Professionals as a Certified Alcohol and Drug Counselor level II and a Certified Clinical Supervisor. He is trained as a trainer in Motivational Interviewing, CPI and Mental Health First Aid. Shane works on a specific grant with the Arc of Mississippi ensuring that people with disabilities get the services they need. Shane sits on the Circuit 11 Drug Court board and has done numerous trainings with the Mississippi School of Addictions and Social Work Conferences on methamphetamine and motivational interviewing. He is a peer

ambassador for the State and is willing to share his experience with anyone willing to hear. Shane is the co-chair of the Executive Steering Committee for adolescents in the State. He was just approved to become a board member for Disability Rights Mississippi. He also has experience in presenting on Ethics, HIV/STD's, addiction in general and co-occurring disorders in conferences, Mississippi judges association, Southern National Association of Attorney Generals and the Mississippi Legislature. Shane was awarded the Katherine Turcotte Addiction Professional of the year in 2013 and is a true believer in Narcotics Anonymous and is an active member himself. Shane is married and has two children and two step children.

Deborah V. Gross, MD, FASAM

Dr. Gross went to medical school at the University of Texas at San Antonio and did her internship and psychiatric residency training at the University of Washington in Seattle, where she finished as Chief Resident. She is board certified in both psychiatry and addiction medicine, has 35 years of clinical experience and currently works as psychiatrist and addictionologist at The Ranch Mississippi in Brandon, MS. Her work has been published in several genres, both lay and professional. Her new book, 90 Ways in 90 Days (to Change Your Relationship with Food), is due out in 2018 and comprises a personal workshop for women with disordered eating that can be used alone or in treatment settings. Dr. Gross is first author of the chapter on women

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and addiction in Addictive Disorders in Medical Populations, published in 2010 by UK-Wiley-Blackwell and edited by Miller and Gold. She was inducted into the American College of Psychiatrists (ACP) in recognition of her contributions to the field and she served on the ACP Editorial Committee for the Psychiatrists In-Practice Examination from 2012 to 2017. Since its inception in 2009 she has served on the Committee of Professionals Health Network (PHN), an advocacy and monitoring program for Mississippi licensed professionals with potentially impairing conditions. She has served on the PHN Board of Directors since 2013 and is a Life Fellow in the American Psychiatric Association, a Diplomate in the American Board of Addiction Medicine and a Fellow in the American Society of Addiction Medicine.

Scott L. Hambleton, M.D.

Scott L. Hambleton, M.D. is a graduate of the University of Tennessee School of Medicine. He completed the Accelerated Family Practice Residency at the University of Tennessee in 1996. Dr. Hambleton completed the University of Florida Addiction Medicine Fellowship at Pine Grove Behavioral Health in Hattiesburg, Mississippi in 2007. He is board certified by the American Board of Family Medicine, the American Board of Addiction Medicine and is a Fellow in the American Society of Addiction Medicine. Dr. Hambleton is the immediate Past President of the Mississippi Society of Addiction Medicine. He has served as Medical Director of The Oxford Centre in Oxford, Mississippi for treatment

of adults with chemical dependency; Medical Director at Pine Grove Women's Center for treatment of women with chemical dependence and/or eating disorders; and Medical Director of Pine Grove's Gentle Path Program for treatment of sexual addiction. In November 2010 Dr. Hambleton became the Medical Director of the Mississippi Professionals Health Program, which is Mississippi's designated Physician Health Program.

Kimberly Hart

Kim has worked as a Prevention Specialist in alcohol, tobacco, and other drugs since 1998. She began her work as a volunteer with The Partnership for a Healthy Mississippi and began her employment with them soon after in Jackson County Schools for tobacco education and cessation. She then was named the program director for Jackson County Children's Coalition and Jackson County Community Services Coalition leading the prevention team in Jackson County for underage alcohol education and working with the local community colleges on ecstasy and other club drug education initiatives. She then returned to tobacco education in 2010 when she started with the American Lung Association beginning in Jackson County, then taking over as Program Director in Hancock and Pearl River Counties, and now is the current Health Promotions Coordinator for American Lung Association in Harrison County working under a grant from the Mississippi State Department of Health through the Office of Tobacco Control.

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She is the proud mother of 3 children and 2 wonderful grandchildren. She lives in the beautiful city of Ocean Springs, MS.

Lacey Herrington, Ph.D.

Lacey is a licensed psychologist with the Evaluation Center at Pine Grove Behavioral Health & Addiction Services. She also works with the Professionals Recovery Track, which provides daily group therapy addressing issues of professionalism for licensed professionals receiving treatment in Pine Grove's residential programs. She is an adjunct faculty at The University of Southern Mississippi. She earned her Master's degree in Clinical Psychology from Mississippi State University in 2008, as well as her Doctorate in Clinical Psychology from The University of Southern Mississippi in 2015. Dr. Herrington completed her pre-doctoral internship at Tulane Medical School in New Orleans, LA from 2014-2015 and was licensed in 2017. Her primary interests include: assessment, personality disorders, substance use disorders, forensic psychology, and trauma.

Melissa Holland, MA, MD, FACOG, CAADC

Melissa received her BS degree in 1996 from the University of Southern Mississippi. Attending the University of Mississippi Medical Center, she received her Doctor of Medicine degree Summa Cum Laude in 2001. After completing her residency in OB/GYN, she enjoyed 10 years of private practice in South Mississippi and served as an Associate

Professor at UMMC.

A strong advocate for equitable behavioral and mental healthcare, Dr. Holland completed a Master's program in Professional Counseling at Liberty University and is a Certified Advanced Alcohol and Drug Counselor. Dr. Holland is a fellow of the American Board of Obstetrics & Gynecology. Additionally, she is active in the American Society of Addiction Medicine, American Counseling Association, and the American Association of Christian Counselors. The recipient of numerous awards and recognitions, Dr. Holland has co-authored several research publications in peer-reviewed journals.

Jeff Jackson, MA

Jeff spent ten years serving in the role of pastoral counselor and program developer of the Christian/Spiritual track and Music in Me program at The Recovery Ranch in Nunnally, TN. He is a graduate of Southern Evangelical Seminary with a Master's in Religious Studies and a Master's in Apologetics. Jeff is a regular conference speaker concerning the intersection of psychology, philosophy and theology as it relates to understanding the development of core beliefs, the impact relationship with trauma, and hope beyond the pain using the creative art of songwriting.

Clare Jones, CCPS

Clare provides training and technical assistance services to the CAPT's Southeast and Northeast regions. She is a certified Community Prevention

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Specialist and earned her Master of Education Degree in Instructional Design from The University of Massachusetts in Boston. She has worked for more than ten years across multiple levels of prevention from directly engaging communities in substance abuse prevention, to grant writing and project oversight, to supervising, training and coaching prevention staff at the local, state level and national level. Clare's prevention experience includes work with a non-profit prevention agency, as an associate for the CAPT, and as a capacity coach, training consultant and project manager for the Iowa Department of Public Health. Clare is passionate about empowering preventionists to make sustainable change in their communities.

Mark Leiker, BA, MA

Mark Leiker is Director of the Office of Mental Health for the Mississippi Division of Medicaid. Previously he worked for the Mississippi Department of Mental Health at Mississippi State Hospital, Ellisville State School, and South Mississippi Regional Center. His professional interests include behavioral crisis management and the treatment of severe behavior problems in persons with intellectual disabilities. A native of Long Beach, MS, Leiker received a Master's degree in Psychology from the University of Southern Mississippi and completed a fellowship in neuropsychology at the Johns Hopkins University School of Medicine

Pamela Graef Luckett, MCC, LPC, CTTS

Pamela has over 35 years in behavioral

health counseling. She holds a Master's in Counseling, is a Licensed Professional Counselor and a Certified Tobacco Treatment Specialist. Pamela designed the cognitive behavioral protocol for the Mississippi Tobacco Quitline in 1998. She has continued to provide tobacco cessation counseling. She is also a Master Trainer for the Society of Public Health Education (SOPHE) in Washington, DC training healthcare providers in the Smoking Cessation or Reduction in Pregnancy Treatment (SCRIPT) program.

Pamela works with the IQH Tobacco Quitline, and is a consultant for behavioral health services and training.

Mallory Laine Malkin, Ph.D.

Mallory currently works at Forrest General Hospital- Pine Grove Outpatient Services as a Licensed Clinical Psychologist providing both assessment and therapy services. At present she is also an adjunct faculty member with Mississippi State University. Dr. Malkin also served in the role of Assistant Professor at Mississippi University for Women from 2014 - 2017. Dr. Malkin serves as both the Region Three representative on the Mississippi Psychological Association (MPA) Executive Council as well as their Continuing Education Chairperson. Dr. Malkin is originally from Pennsylvania, but began her professional education at Guilford College in North Carolina where she earned a Bachelor of Arts in Psychology and Criminal Justice. She earned her Master of Arts in Psychology from the University of Southern

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Mississippi in 2010, completed a Pre-doctoral Psychology Residency at the University of Mississippi Medical Center from 2013-2014, and graduated with her Doctor of Philosophy (Ph.D.) from the University of Southern Mississippi in 2014. Dr. Malkin continues to be involved in research and has recently published in the Journal of Family Issues, Journal of Child and Family Issues, and Journal of American College Health. Last year she presented on a variety of topics including: Screening and Assessment of Adult Attention- Deficit/Hyperactivity Disorder, Treating Trauma and Behavioral Healthcare Issues for Children and Adolescents, Assessment and Intervention for Suicidality in Child and Adolescent Populations, and Cognitive Behavioral Therapy Applications in Palliative Care settings.

Bernard A. Matherne, Jr., BBA, ICADCI, ACRPS

Bernard has practiced in the field of addiction treatment for 27 years. He has held positions of Residential Counselor and Clinical Director for Mississippi Baptist Behavioral Health and COPAC, Inc. In addition, he spent four years in marketing and clinical outreach around the country, marketing COPAC services. Mr. Matherne has been employed with The Ranch Mississippi (formerly COPAC) since 2001 where he currently holds the position of Operations Manager. Mr. Matherne holds a Bachelor's degree in Business Administration from Belhaven College. Currently, he is enrolled in the University of Louisiana-Monroe where he is working towards a graduate degree in

Clinical Mental Health Counseling. Bernard currently holds an addiction counselor certification (ICADC1) through the Mississippi Association of Addiction Professionals (MAAP). He also holds an Advanced Certified Relapse Prevention Specialist (ACRPS) certification from the CENAPS Corporation. Mr. Matherne has been awarded the Katherine Turcotte Addiction Professional of the Year award in 2002 and 2015. Mr. Matherne has served on the MAAP certification board for the last five years. He currently holds the position of President Elect for the 2017-2018 term.

A native of New Orleans, Bernard has lived in the Reservoir area of Brandon, MS for the last 30 years. He is married to his wife Gayle, and they have three children, Chesley, Joshua, and Crysta.

Mauda L. Monger, MPH

Mauda is a native of Jackson, Mississippi. She received her Bachelor of Arts in Economics/Business Administrations at Tougaloo College, and then completed her Master's degree in Public Health, Health Policy & Management at Jackson State University.

Mauda Monger currently serves as state director for the Mississippi AIDS Education Training Center at the University of Mississippi Medical Center in Jackson, Mississippi. Mauda has more than 14 years of experience related to prevention, education and research experience in HIV/AIDS, and is especially passionate surrounding issues with African American women and the LGBT community. With a goal of improving the stigma around HIV/AIDS and educating

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the community at large to become culturally aware of the issues surrounding persons at risk for or infected with HIV/AIDS, her passion extends outside of the clinical setting, her focus is also on her community as a whole. As a result, in 2014 she started her own mentoring/community service program; The SHE Project, which is focused to build young women to be leaders in the community. Mauda is driven by the mantra “To whom much is given, much is required”. When she is not educating, mentoring or speaking, Mauda enjoys journaling, traveling and just a lazy day on the beach.

Captain Jimmie Nichols, Jr.

Captain Jimmie Nichols’ has over 27 years in law enforcement including service as a city patrolman, investigator, undercover agent and Director of Training for the Mississippi Bureau of Narcotics (MBN) which enables Captain Nichols to provide a unique and personal perspective on the illicit drug trends in Mississippi. His experience in coordinating drug roundups and undercover operations with state, federal and local agencies has provided Captain Nichols a distinctive understanding of illicit drugs in Mississippi. As Director of Training for MBN, Captain Nichols is responsible for overseeing all training for MBN personnel. He also conducts training for officers and civilian employees for other agencies including the Mississippi Department of Corrections, Mississippi Highway Patrol, Mississippi Association of Gang Investigators (MAGI) long with numerous

state and local police and sheriff departments. Captain Nichols also teaches current drug trends and basic drug identification at the Mississippi Law Enforcement Training Academy and Mississippi Department of Wildlife, Fisheries and Parks Law Enforcement Cadet Schools. Captain Nichols also is a veteran of the United States Air Force where he served in “Task Force Rushmore” in Panama and Operation Desert Shield/Storm. During his work in undercover operations, Captain Nichols worked closely with the United States Drug Enforcement Administration (DEA), Federal Bureau of Investigation (FBI), United States Customs Service (USCS), Bureau of Alcohol Tobacco and Firearms (BATF), the United States Internal Revenue Service Criminal Investigation Division (IRSCID), the United States Air Force Office of Special Investigation (OSI) the Mississippi Highway Safety Patrol Bureau of Investigation, the Attorney General’s Office, and the Mississippi State Auditor, just to name a few.

Merrill A. Norton, Pharm. D., D.Ph., ICCDP-D

Dr. Merrill Norton is a Clinical Associate Professor at the University of Georgia College of Pharmacy with his specialty areas to include psychopharmacology and addiction pharmacy. He has also been a faculty member of the Fairleigh-Dickinson University Postdoctoral Training Program in the Masters of Psychopharmacology, Alliant International University of San Francisco

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College of Psychology, University of Georgia School of Continuing Education, and Berry College in the areas of Psychopharmacology and Addiction Pharmacy. His area of specialty in addiction pharmacy is the management of chronic pain in the addicted patient.

Dr. Norton completed his undergraduate and graduate work at the University of Georgia College of Pharmacy. He accomplished a 3 year addiction medicine fellowship under the direction of Douglas Talbott MD at Ridgeview Institute and has state, national, and international credentials in the treatment of mentally ill/addicted/chronic pain individuals.

Recently, Dr. Norton received an Emmy from the National Academy of Television Arts & Sciences' Southeastern Chapter for his work on the Spanish language documentary *Prescription Drugs, Legally Dangerous*. The award was presented to a collaboration of experts in the field of addiction pharmacy and medicine for their participation and contributions to the production, which describes the dangers of prescription drug abuse in Latino populations. Winning in the Topical (Environmental) category, the documentary was produced by CETPA (Clinic for Education, Treatment and Prevention of Addiction), Georgia's first and only Latino behavioral health agency providing counseling and prevention services, along with the Univision Network, the 5th largest television network in the U.S. Dr. Pierluigi Mancini, CETPA's founder and executive

producer of the documentary, expressed his gratitude to Dr. Norton for his contributions to the documentary. "Dr. Norton was able to clearly articulate the effects and dangers of prescription drugs regardless of whether the drug was administered for medical or nonmedical use. He did so in a way that our intended audience could understand. We could not have asked for a better expert."

Dr. Norton also was honored by the Georgia Addiction Counselors Association in receiving the prestigious Distinguished Service Award for 2015. The award is bestowed on individuals for recognition of their long term support and commitment to the treatment and welfare of those affected by alcohol and drug addiction in Georgia and nationally. Dr. Norton's efforts of educating thousands of behavioral health practitioners nationally to the disease states of substance use disorders and his dedication to the early prevention and intervention of addictive disease in Georgia's families makes him a person uniquely qualified for this award. Also, Dr. Norton was the 2009 recipient of the Georgia School of Addiction Studies (GSAS) Excellence in Addiction Treatment Individual Achievement Award "for his unselfish dedication to the treatment of addicted families, not only in the state of Georgia, but nationally." Dr. Norton was recognized by the GSAS Board of Directors for the ongoing development of undergraduate and graduate curriculum and drug research in the area of addiction pharmacy.

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His book, *The Pharmacology of Psychoactive Chemical Use, Abuse, and Dependence*, and his DVD series, “The Hijacking of the Brain” have been used to train thousands of mental health professionals nationally; they have become the standards of teaching excellence in the addiction treatment profession. His new books, *The Pharmacology of Substance Use Disorders* and *The Practitioners’ Guide to Opioid Use Disorders* will be released in 2018.

Niranjani “Jani” Radhakrishnan, MPH, MCRP

Jani serves as a Training and Technical Associate for SAMHSA’s Center for the Application of Prevention Technologies. She received her master’s in a combined program at University of North Carolina at Chapel Hill in health behavior with city and regional planning. She is a leader, thinker and doer with an impressive record of activism. Jani co-chaired the 2017 Minority Health Conference. Jani has worked with the conference for three years, beginning as an undergraduate. She is active with inclusion issues in the department and school. Jani is the recipient of the Kathryn J. Kerr Memorial Scholarship for 2016-2017, an award that recognizes a second-year health behavior master’s student who exhibits a strong sense of activism, commitment to community health promotion and who has good cross-cultural communication skills. The themes the Kerr Scholarship recognizes are woven throughout her school and work experience.

Caroline Smith, MA, LPC, CSAT, SMAT, CIP, CCM, EMDR 1&2

Caroline Smith is the Director of Pine Grove’s Intensive Workshops and she works with Pine Grove’s Women’s Center, facilitating the Breaking Free workshop, which is offered to qualifying Women’s Center patients. Additionally, Smith frequently speaks at professional conferences throughout the United States and internationally. She also had the honor of providing a plenary session during Ireland’s first Neuroscience and Addiction Conference, and she authored a chapter in the published book, *Mending A Shattered Heart: A Guide for Partners of Sex Addicts*, 2nd edition. Smith’s theoretical perspective has been heavily influenced by her graduate studies examining the influence early childhood experiences have on adult relationship attachment, cognitive processes, affect regulation, spiritual practice, sexual expression and social functioning throughout the lifespan. She is a passionate force in the support of healing, hope and sustainable recovery. Because of her unique therapeutic approach and natural talents, Smith has attracted a national and international clientele.

Before joining Pine Grove in 2004, Smith worked at The Meadows Treatment Center as a Family Counselor, Primary Counselor, Survivors Workshop Facilitator, Community Relations Representative, and Special Assistant to the Clinical Director. Within this program, she worked with individuals notable in the field, including Patrick Carnes, John Bradshaw, Claudia Black, Terrance Real

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and Pia Mellody.

Smith then joined the professional clinical staff at Remuda Ranch Treatment Centers for Anorexia and Bulimia in Wickenburg, AZ as a Primary Therapist working exclusively with adolescent females and their families. At Remuda Ranch, Smith specialized in the fields of eating disorders, trauma, and co-morbidity.

Caroline holds a Master of Arts degree in Professional Counseling from Ottawa University. She is a Licensed Professional Counselor, Certified Sexual Addiction Therapist-Supervisor, and a Certified Multiple Addiction Therapist. She is EMDR trained and holds clinical expertise in the areas of trauma resolution, relationship attachment patterns, addiction interaction disorder, and the two most primary process addictions, food and sex.

Ben Stevenson II, MS, CPP

Ben is currently a Training and Technical Assistance Associate with the Southeast CAPT. He was previously the Substance Abuse Prevention Program Manager for Montgomery County Health and Human Services in Maryland where he provided leadership in prevention for 5 years. Ben began his prevention career at Center for Prevention Services (formerly Substance Abuse Prevention Services) in Charlotte, NC as a prevention specialist. He has been working in the substance abuse prevention field for 10 years working with thousands of youth, professionals and parents in various communities. Ben enjoys developing and facilitating prevention programs to youth and

adults in an attempt to help them make better decisions for their life. Ben is very passionate about helping young people see their potential and loves the opportunity to help them in any way he can.

Ben is originally from Winston-Salem, NC and graduated from North Carolina Central University in Durham, NC with a BA in Political Science. He also holds an MS in Marriage and Family Therapy from Capella University. Ben was first certified as a Substance Abuse Prevention Consultant in North Carolina and currently is a Certified Prevention Professional in Maryland. He also serves as the western region representative for the Maryland Association for Prevention Professionals and Advocates (MAPPA).

Sheila Thomas, LMFT, CSAT

Sheila is a Licensed Marriage and Family Therapist (LMFT) and Certified Sex Addiction Therapist (CSAT). Her career spans work as a therapist with adjudicated juveniles to Clinical Director at Pine Grove Women's Center as well as much sought after professional conference presenter/speaker. In 2008, she partnered with Thomas Tullis, LPC, CSAT, to create Thomas and Thomas Consulting Group, LLC, an outpatient practice in Hattiesburg, MS, treating individuals, families and couples as well as training professionals in the use of the Karpman Triangle. As a Focus Treatment Center Clinical Consultant, she co-developed their Families in Focus Program and provided supervision and support to staff. Sheila believes that the attempt to live up to the expectation of modern life has caused

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many women to lose themselves. She finds joy being a witness to the process of an individual restoring authenticity and finding the true self.

Chaka Turner

Chaka delivers custom learning tools to diverse audiences and industries. She is a trainer by nature who believes learning success is achieved by engagement and empowerment. She is a development resource for many companies and organizations. As a contractor, she has been lauded as an excellent resource for helping organizations re-design learning platforms, rebrand company names, facilitating employees to accept new cultures, and recouping training expenditures.

With over 15 years of experience, she has designed over 30 on-line trainings, presentations, manuals, train-the-trainer modules, forms, spreadsheets, and databases. Personalization is her goal for every client. Her management style encourages input, feedback, and accountability.

To stay abreast of technology, she is currently an adjunct instructor, a member of the Association for Talent Development, and business partner of TNT Learning.

Jarice Veal, MS, Ed.S, CAC, CMHT

Jarice is the Co-occurring Disorder Therapist for Hinds Behavioral Health Services-Region 9 (HBHS-9) where she provides evidence based training to all clinical staff employed by HBHS-Region 9. Her duties include, but are not limited to, attending various conferences and training within the state of Mississippi. She also provides evidence based training to the staff at Hinds Behavioral Health

Services as well as ensuring the training materials are up to date with standards of Department of Mental Health Services. She began working with individuals with substance use disorder diagnosis in 2011. Jarice has experience working with Rankin County Youth Court as the Family Drug Court Therapist (FDCT). As a FDCT, she screened individuals with recent drug violation whom either lost custody or was granted supervised custody of his or her child due to the use or distribution of drugs/alcohol. She is a Certified Addiction Counselor, Certified Mental Health Therapist and is currently being supervised to obtain her Licensure as a Professional Counselor (LPC). She received her Master's Degree in Clinical Mental Health Counseling at Jackson State University. Jarice recently completed her Post Graduate Studies with an Education Specialist of Counseling Degree (Ed.S) at Mississippi College.

Chan Willis, MA, LCMHT, LMFT

Chan is the Coordinator of Alcohol and Drug Services at Hinds Behavioral Health Services. She has over 20 years' experience in the mental health field. Chan's passion lies with helping individuals who are in need of mental health and substance use treatment. This passion was instilled at a young age when Chan saw her dad working with people who had disabilities and assisting those in need. Chan holds a Master's Degree in Rehabilitation Counseling from Jackson State University and a Bachelor's degree from The University of Southern Mississippi.

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